

Mary Ellen J. Crowley, Ph.D.

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LICENSURE

Independently Licensed in MA as a Psychologist & Health Service Provider • License # 7921

APPOINTMENT

Assistant Psychologist, McLean Hospital
Instructor in Psychology (part-time), Department of Psychiatry, Harvard Medical School

EDUCATION

- Post-Doctoral Fellowship, Harvard Medical School/McLean Hospital** **July 2000-July 2001**
Boston, MA
Title: Clinical Fellow in Psychology, Department of Psychiatry
Training Director: Philip G. Levensky, Ph.D., ABPP
- Pre-Doctoral Internship, Harvard Medical School/McLean Hospital** **July 1999-July 2000**
Boston, MA
Title: Clinical Fellow in Psychology, Department of Psychiatry
Training Director: Philip G. Levensky, Ph.D., ABPP
- Doctor of Philosophy in Clinical Psychology, Ohio University** **November 2000**
Athens, OH
(APA Full Accreditation)
Dissertation: "Client and Therapist Pretreatment Characteristics as Predictors of the Therapeutic Alliance"
- Master of Science in Clinical Psychology, Ohio University** **November 1997**
Athens, OH
Thesis: "Measurement of Binge Eating: A Psychometric Study"
- Bachelor of Arts, with Honors in Psychology, Bucknell University** **May 1994**
Lewisburg, PA
(Phi Beta Kappa, Cum Laude, Departmental Honors)

CLINICAL EXPERIENCE

Private Practice

Lexington, MA

February 2001-Present

Maintain a private practice conducting individual, group and family psychotherapy, as well as consultations with adolescents and adults. Client base consists of individuals coping with mood disorders, anxiety disorders, eating disorders, personality disorders, and adjustment difficulties. In addition, business coaching practice consists of therapists seeking to develop a specialty in the treatment of eating disorders.

Eating Disorder Consultant: The Pavilion Program at McLean Hospital **July 2001-Present**
Belmont, MA

Conduct assessments and make treatment recommendations for patients at risk for eating disorders.

Advisory Board Member: The Nutricise Company **March 2003-March 2005**
New York, NY

Advised on-line behavioral management program for childhood obesity. Assisted in the screening process for potential on-line patients, and assisted registered dietitians in managing problem patients with motivational enhancement strategies.

Clinical Coordinator, Eating Disorders Specialty Track: BHPP/McLean Hospital **July 2001-March 2003**
Belmont, MA

Staff psychologist and Instructor of Psychology hired to coordinate and expand services for the Eating Disorders Specialty Track within McLean's Behavioral Health Partial Program (BHPP). Clinical responsibilities included initial patient screenings and intakes, as well as group psychotherapy and in-hospital consultations. Training responsibilities included supervising practicum students, interns, post-docs, and eating disorder counselors, conducting weekly seminars for trainees on a variety of topics and facilitating several in-services for the hospital addressing the treatment of eating disorders. Administrative work included program development for the specialty track (e.g., establishing group protocols and intake criteria), marketing eating disorder services in the community, developing a referral database and tracking the growth of the program. Additional responsibilities include assisting in the growth of McLean's Outpatient Eating Disorders Service.

Eating Disorder Specialist: Brandeis University Counseling Center **September 2002-May 2003**
Waltham, MA

Conducted assessments and individual therapy with students at risk for eating disorders.

Post-Doctoral Clinical Fellow in Psychology: Harvard Medical School/McLean Hospital **July 2000-July 2001**
Belmont, MA

Completed a post-doctoral twelve month fellowship in the Adult Partial Hospital Developer of the Eating Disorders Specialty Track: Performed clinical, training and research responsibilities. Clinical work included individual and group therapy, diagnostic intake interviews, eating disorder consultations and crisis management. Populations included outpatients and partial hospital patients with severe Axis II psychopathology and multiple diagnoses (PTSD, eating disorders, substance abuse, depression, bipolar illness, and anxiety disorders). Training responsibilities included managing psychology interns' caseloads, and acting as a liaison between interns and hospital administration. Research responsibilities are summarized in the following section.

Supervisors: Edmund Neuhaus, Ph.D., Elizabeth Torres, Ph.D., Scott Reinhart, Ph.D., Perry Belfer, Ph.D. and Stephanie Brody, Ph.D.

Pre-Doctoral Clinical Fellow in Psychology: Harvard Medical School/McLean Hospital **July 1999-July 2000**
Belmont, MA

Completed a pre-doctoral twelve month internship consisting of two major rotations and a series of elective rotations.

Major rotations: Mood & Anxiety Partial Hospital Program and Bipolar and Psychotic Disorders Partial Hospital Program. Partial Hospital duties included individual and group psychotherapy, cognitive behavioral consultations, and case administration. Patients were a diverse group of individuals frequently presenting with severe psychopathology including personality disorders, PTSD, eating disorders, substance abuse, depression, OCD, bipolar and psychotic disorders.

Elective rotations: Outpatient Services (provided year-long individual therapy to a number of patients), Eating Disorders Rotation (provided individual and group psychotherapy, as well as meal supervision for individuals with Anorexia, Bulimia, and Binge Eating Disorder), Clinical Evaluation Center (conducted intake evaluations for the psychiatric emergency room), PTSD/Substance Abuse elective (conducted protocol-driven CBT groups twice weekly for Lisa Najavits's NIDA-funded study as well as case administration for each of the patients in the group), Hospital Administration elective, (attended weekly meetings on administrative issues including obtaining managed care contracts and program development).

Supervisors: Edmund Neuhaus, Ph.D., Len Somer, Ph.D., Jill Edelson, Ph.D., Lisa Najavits, Ph.D., Perry Belfer, Ph.D., Laura Ferrer, Ph.D. and Nancy Huxley, Ph.D.

Primary Therapist: Seeking Safety Treatment Outcome Study/McLean Hospital **September 1999-July 2000**
Belmont, MA

Primary therapist for a NIDA-funded clinical treatment outcome study developed for women dually diagnosed with PTSD and substance abuse. Intervention was a 24-session protocol based on cognitive, behavioral and interpersonal techniques. Responsibilities included conducting twice weekly protocol groups.

Primary Investigator: Lisa Najavits, Ph.D.

Assistant Clinic Director: Ohio University Psychology Clinic
Athens, OH

September 1996-June 1999

Selected by the clinic director to assist in the development and operation of the department's psychology clinic, which first opened in March 1996. Responsibilities included assisting in the establishment of clinic guidelines and protocols, overseeing general operations (e.g., management of record keeping and equipment/assessment inventory, completion of year-end utilization reports, researching new referral sources, and orienting new students and supervisors to clinic policies and procedures), conducting intake evaluations and diagnostic assessments, interfacing with community referral sources and providing individual therapy.

Supervisor: John Garske, Ph.D.

RESEARCH EXPERIENCE

Research Coordinator: Treatment Outcome Study/McLean Partial Hospital Program
Belmont, MA

July 2000-July 2001

Project coordinator for a treatment outcome study with individuals primarily diagnosed with mood, anxiety and personality disorders. Data were collected over the course of the participants' stay in the adult partial hospital program. Responsibilities included coordinating research assistants, recruiting participants, managing databases and conducting analyses.

Primary Investigator: Edmund Neuhaus, Ph.D.

Research Coordinator: Psychotherapy Research Lab/Ohio University
Athens, OH

December 1996-June 1999

Coordinated two major research projects. The first involved an examination of the training year of the Vanderbilt II Psychotherapy Training Study employing Time-Limited Dynamic Psychotherapy (TLDP; Strupp & Binder, 1984). Assisted in the development of two rating manuals used in the study, one for psychotherapy sessions and one for supervisory sessions. Rated psychotherapy and supervision training sessions and actively participated in the preparation of the publication manuscript. The second project (Ohio University Helping Relationships Study) investigated the extent to which the pre-existing interpersonal skills of a therapist in training may facilitate the effectiveness of a non-specific psychosocial treatment of distressed college students. Responsibilities on this project included assisting in the development of an interactive exercise used to measure interpersonal skill level among therapists, coordinating and delegating research assistants' activities, supervising data collection procedures for both the pilot study and the study conducted for publication, conducting diagnostic screening interviews with distressed college students (e.g., potential subjects), and termination interviews with participants who completed the seven-session psychotherapy project.

Laboratory Director: Timothy Anderson, Ph.D.

Research Assistant: Headache Lab/Ohio University
Athens, OH

September 1995-June 1996

Assistant for NIH funded research project comparing drug and relaxation therapy treatments for stress-related tension headaches. Conducted diagnostic phone screenings for potential subjects and organized the tri-state community marketing/advertising for the project.

Laboratory Director: Kenneth Holroyd, Ph.D.

Bucknell University - Honors Thesis
Lewisburg, PA

May 1994

Researched the effects of test anxiety in combination with certain personality variables (i.e., level of self-esteem) on the eating behaviors of college undergraduates.

Project Supervisor: J. T. Ptacek, Ph.D.

Bucknell University - Knight Fellowship Independent Research Project
Lewisburg, PA

June 1993

Designed a research project in psychology under the supervision of a Bucknell professor. Proposals were selected by a committee of Bucknell faculty. Statistically analyzed and interpreted a large data bank compiled at three universities concerning problematic eating patterns in college women.

Project Supervisor: David Milne, Ph.D.

BUSINESS EXPERIENCE

Credit Analyst: Chase Manhattan Bank, Healthcare and Retail Divisions New York, New York

July 1994-July 1995

Completed a four-month training program involving course work in Accounting, Corporate Finance, Money and Banking, and Credit Analysis. Analyzed and interpreted financial statements, market conditions, corporate profit projections, and industry reports to determine the creditworthiness of hospitals, HMO's, PPO's, large pharmaceuticals, and various clothing and supermarket retail companies. Developed research reports for bank executives and marketing presentations for corporate retail and healthcare executives. Gained extensive experience in financial modeling and projection analysis.

TEACHING EXPERIENCE

Department of Psychology, Assumption College Worcester, MA

Instructor of a Master's Level Abnormal Psychology Course, Fall 2003

Massachusetts School of Professional Psychology Jamaica Plain, MA

Served as a graduate student supervisor and dissertation committee member 2003-2004

Department of Psychology, Ohio University Athens, OH

Instructor of Introductory Psychology Course, Spring 1999

PUBLICATIONS

- Anderson, T., & Crowley, M. J. (1998). [Review of the book Psychosocial treatments for child and adolescent disorders: Empirically based strategies for clinical practice by Euthymia D Hibbs]. *Psychotherapy Research*, 8, 239-240.
- Anderson, T., Crowley, M. J., Patterson, C. L., & Heckman, B.D. (2012). The influence of supervision on manual adherence and therapeutic processes. *Journal of Clinical Psychology*, 68, 972-988.
- Anderson, T., Crowley, M. J., Holmberg, J., Himawan, L., & Uhlin, B. (2014). *Therapist facilitative interpersonal skills and training status: A randomized clinical trial on alliance and outcome*. Manuscript under review.
- Anderson, T., Crowley, M. J., Heckman, B.D., Binder, J. L., & Patterson, C. L. (2014). *Does the supervisor's teaching style influence the supervisee's learning prescribed techniques and relational attitude?* Manuscript under review.
- Crowley, M. J., Anderson, T., & Carson, K. (2014). *Patient and therapist pretreatment characteristics as predictors of the therapeutic alliance*. Manuscript in preparation.
- Crowley, M. J., Campion, A., & Lynn, S. J. (2006). Incorporating hypnotic techniques into empirically-based treatments for eating disorders. In S.J. Lynn, & I. Kirsch (Eds.) Essentials of clinical hypnosis: An evidence based approach. Washington, D.C.: American Psychological Association.
- Crowley, M. J., Garske, J. P., & Warren, C. (2014). *Measurement of binge eating: A psychometric study*. Manuscript in preparation.
- Warren, C.S., Crowley, M. E., Olivardia, R., & Schoen, A. (2009). Treating patients with eating disorders: An examination of treatment providers' experiences. *Eating Disorders: The Journal of Treatment and Prevention*, 17, 27-45.
- Warren, C.S., Schafer, K. J., Crowley, M.J., & Olivardia, R. (2012). A qualitative analysis of job burnout in eating disorder treatment providers. *Eating Disorders: The Journal of Treatment and Prevention*, 20, 175-195.
- Warren, C.S., Schafer, K.J., Crowley, M. J., & Olivardia, R. (2013). Demographic and work-related correlates of job burnout in professional eating disorder treatment providers. *Psychotherapy*, 50, 553-564.
- Warren, C.S., Schafer, K. J., Crowley, M.J., & Olivardia, R. (2013). Treatment providers with a personal history of eating pathology: A qualitative examination of common experiences. *Eating Disorders: The Journal of Treatment and Prevention*, 21, 295-309.

Educationally Relevant Publications:

- Crowley, M. J. & Olivardia, R. (2002, spring). Eating disorders and female athletes: How coaches can help. *National Field Hockey Coaches Association Newsletter*, 3-4.

- Crowley, M. J. & Olivardia, R. (2002, summer). What coaches should know about the treatment of eating disorders in female athletes. *National Field Hockey Coaches Association Newsletter*, 10-11.
- Crowley, M. J. & Olivardia, R. (2002, fall). What coaches should know about the prevention of eating disorders in female athletes. *National Field Hockey Coaches Association Newsletter*, 10 and 16.

PRESENTATIONS AND WORKSHOPS

- Anderson, T., Aronoff, J., Crowley, M. J., Deisseroth, K., Klimek, J. L., & Weis, A. (1998, June). *Measurement of interpersonal process skills through performance analysis*. Paper presented at the annual meeting of the Society for Research in Interpersonal Processes, Snowbird, UT.
- Anderson, T., & Crowley, M. J. (1997, February). *Establishing alliances with difficult clients*. Co-facilitated workshop with videotaped case illustrations offered to psychology trainees at Ohio University's Counseling and Psychological Services Center, Athens, OH.
- Anderson, T., Crowley, M. J., Binder, J. L., Heckman, B. P., and Patterson, C. L. (2013, October). *Does the supervisor's teaching style influence the supervisee's acquisition of prescribed techniques and attitude towards clients?* Panel paper presented at the 44th annual meeting of the North American Society for Psychotherapy Research, Memphis, TN.
- Anderson, T., Crowley, M. J., Binder, J. L., & Strupp, H. H. (1998, June). *Interpersonal skills in psychotherapy: Can training make a difference?* Panel paper presented at the 29th annual meeting of the Society for Psychotherapy Research, Snowbird, UT.
- Anderson, T., Crowley, M. J., & Carson, K. L. (2001, August). *Therapist interpersonal skills influence outcome and alliance*. Panel paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Anderson, T., Crowley, M. J., & Martin, D. (1997, June). *Educating therapists: The training phase of the Vanderbilt II Psychotherapy Research Project*. Panel paper presented at the 28th annual meeting of the Society for Psychotherapy Research, Geilo, Norway.
- Anderson, T., Crowley, M. J., & Wang, V. (2002, June). *Therapist and client social skills relate to working alliance ratings: Evidence from the Ohio University Helping Relationships Study*. Panel paper presented at the 33rd annual meeting of the Society for Psychotherapy Research, Santa Barbara, CA.
- Anderson, T., Klimek, J. L., & Crowley, M. J. (1997, July). *Illustrations and implications of ecological phenomena within the psychotherapeutic context*. Symposium paper presented at the XII International Congress on Personal Construct Psychology, Seattle, WA.
- Anderson, T., Garske, J. P., Crowley, M. J., & Dowdall, C. (1998, August). *Body as canvass: Constructivist and interpersonal approaches to health psychology*. Symposium paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Crowley, M. J. (2014, September). *Treating anorexia and bulimia in the context of borderline personality disorder*. Grand Rounds Lecture Western State Hospital, Staunton, VA.
- Crowley, M. J. (2014, April). *Eating disorders and borderline personality disorder*. Guest lecturer for The National Educational Alliance for Borderline Personality Disorder, Belmont, MA.
- Crowley, M. J. (2010, December). *Treating eating disorders in the age of the internet: Obstacles and opportunities*. Harvard Medical School Continuing Education Conference on Eating Disorders, Boston, MA.
- Crowley, M. J. (2010, November). *Treating eating disorders*. Guest lecturer for Prakash and Ellenhorn LLC, Arlington, MA.
- Crowley, M. J. (2011, May). *Eating disorders treatment*. In-service lecture for Framingham State University, Framingham, MA.
- Crowley, M. J. (2011, January). *Eating disorders: Assessment and treatment*. Five part in-service for the Pavilion Program/McLean Hospital, Belmont, MA.
- Crowley, M. J. (2009, April). *Treating eating disorders in the age of the internet*. Presentation for the MIT College Eating Disorders Conference, Boston, MA.
- Crowley, M. J. (2007, January). *Eating disorders and obsessive-compulsive disorder*. Guest lecturer for The Obsessive-Compulsive Foundation, Belmont, MA.
- Crowley, M. J. (2007, October). *Eating disorders and borderline personality disorder: Advice on family interventions*. Guest lecturer for The New England Personality Disorders Association, Belmont, MA.
- Crowley, M. J. (2006, February). *Treating eating disorders*. Guest lecturer for MA Department of Medicare, Brockton, MA.
- Crowley, M. J. (2006, October). *Eating disorders and borderline personality disorder*. Guest lecturer for The New England Personality Disorders Association, Belmont, MA.
- Crowley, M. J. (2004, February). *Assessment and treatment of anorexia and bulimia using a CBT Approach*. Guest lecturer for the Aaron T. Beck Institute for Cognitive Studies, Assumption College, Worcester, MA.
- Crowley, M. J., & Gleason, A. (2003, May). *Nutrition, body image and healthy coping*. Guest lecturer for the Commonwealth School, Boston, MA.
- Crowley, M. J. (2002, May). *Assessment of eating disorders*. Guest lecturer for the Department of Social Work, McLean Hospital, Belmont, MA.
- Crowley, M. J. (2002, May). *Treatment of eating disorders*. Guest lecturer for the Department of Social Work, McLean Hospital, Belmont, MA.
- Crowley, M. J., Anderson, T., & Carson, K. (2000, June). *Patient and therapist pre-treatment characteristics as predictors of the*

- therapeutic alliance*. Panel paper presented at the 31st annual meeting of the Society for Psychotherapy Research, Chicago, IL.
- Crowley, M. J., & Olivardia, R. (2004, March). *Mindful coaching: Working with coaches of athletes with eating disorders*. Panel paper presented at the 9th annual meeting of the Massachusetts Eating Disorders Association, Waltham, MA.
- Crowley, M. J., & Olivardia, R. (2003, March). *Pro-Anorexia and bulimia websites: Ana and mia you have mail*. Panel paper presented at the 8th annual meeting of the Massachusetts Eating Disorders Association, Waltham, MA.
- Crowley, M. J., & Garske, J. P. (1998, August). *Assessment of binge eating among college females*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Crowley, M. J., & Garske, J. P. (1998, April). *Measurement of binge eating: A psychometric study*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Malinoski, P. T., Lynn, S. J., Stensland, M., Crowley, M. J., Ordonez, T., Grutzeck, S., & Heiby, A. (1996, November). *The temporal stability of early memory reports: A controlled investigation*. Paper presented at the annual meeting of the Society for Clinical and Experimental Hypnosis, Tampa, FL.
- Martin, D., Davis, M. K., Martin, J. Z., Crowley, M. J., Marioni, N., & Garske, J. P. (1997, December). *Relation of the therapeutic alliance with outcome and other variables: Preliminary results of a meta-analysis*. Poster presented at the annual meeting of the North American Society for Psychotherapy Research, Tucson, AZ.
- Maurath, J., & Crowley, M. J. (1998, February). *Eating disorders: Signs, development, treatment and prevention*. Co-facilitated workshop offered to Ohio University students, Athens, OH.
- Neuhaus, E. C., Crowley, M. J., & Stember, D. I. (2001, February). *Cognitive-behavioral approaches in a hospital setting*. Co-facilitated a workshop offered at the 2001 American Group Psychotherapy Association, Boston, MA.
- Warren, C.S., Crowley, M. J., Olivardia, R. & Schoen, A. (2009, March). *Treating patients with eating disorders: An examination of treatment providers' experiences*. Paper presented at the 14th annual meeting of the Massachusetts Eating Disorders Association, Waltham, MA.
- Warren, C.S., Crowley, M.J., Olivardia, R., and Schoen, A. (2008, August). *Treating patients with eating disorders: An examination of treatment providers' experiences*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Warren, C.S., Crowley, M.J., Olivardia, R., & Schoen, A. (2008, August). *Treating eating disorders: A quantitative and qualitative examination of treatment providers' experiences*. Poster presented at the Eating Disorder Research Society meeting, Montreal, Canada.
- Warren, C.S., Crowley, M.J., Olivardia, R., & Schoen, A. (2010, April). *A qualitative analysis of job burnout in eating disorder treatment providers*. Poster presented at the annual meeting of The Academy of Eating Disorders, Salzburg, Austria.
- Warren, C.S., Crowley, M.J. and Garke, J. P. (2010, April). *Measurement of binge eating: A psychometric study*. Poster presented at the annual meeting of The Academy of Eating Disorders, Salzburg, Austria.